



2137 Calgary Highlanders Cadet Corps

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Dress Standards - Training Dress (Cadets)

Headdress (Glen or Beret)

- No lint on headdress
- Properly formed
- In correct position on head
- Cap Brass polished

Green Dress Shirt

- Clean and free of lint
- Sharp creases down center of sleeves
- Front and back panels pressed flat without wrinkles
- Collar tucked in and ironed flat
- All buttons fastened (top button only done up with tie)
- Ironed lapels with proper Epaulettes

Tunic

- Correctly sewed on buttons and badges
 - Proper location
 - No threads
- Name Tag in correct position
- Sleeves should be pressed flat with no creases (roll-pressed)
- Front panels and pockets ironed flat
- Back panels ironed flat, no creases
- Collar shall be ironed flat
- All buttons fastened except the top button
- Belt is centered with no twists, excess shall be no longer than 8cm

Tie

- Proper Windsor knot (Double)
- Clean and free of lint
- Ironed flat
- Tie covers top button which is done up

Pants

- Sharp creases
- Clean and free of lint
- Proper fitting (trousers should extend to third eyelet of parade boots)
- Centered belt (proper way)
 - Brass on brass

Boots

- Polished boots (full boots)
- Toe of boot polished to a glass shine
- Tongue, welts and outer edge of sole shall be blackened

- Captain Barred Boots (straight laced)
 - Done up all the way
- Wool Socks

General Appearance

- Groomed
 - Hair shall be kept tidy
 - Hair shall not prevent the proper wear of any headdress
 - Hair must be worn so that the cadets face is visible
 - Long hair shall be put up in a bun or in 1 or 2 braids towards the back of the cadet's head
 - Sideburns no longer than halfway down the ear
- Tattoos are permitted; however, they must be cadet appropriate and kept in line with CATO 15-22 (code of conduct)
- Piercings
 - Cadets in uniform may have ear piercings no more than 2.5 cm in diameter
 - Cadets may have a single nose piercing, as associated with cultural, religious, or spiritual beliefs. Septum piercings are not permitted.
 - The only authorized piercing above the shoulders is those on the ears and nose
- Jewelry is permitted however must not be visible during training hours
- Makeup/Nail polish/Artificial nails are permitted as long as they do not impair the cadet's ability to perform their duties